Celebrate Japanese Textiles

Sew & Sew Retreats

Itinerary Updated June 30, 2023 Subject to change

Day 1 (Sunday 7 April)

Arrive in Tokyo (Fly Into Haneda Airport) Use a Taxi – Pay-your-Own about JPY ¥9,000 or \$65.00 Check in at Hotel New Otani Welcome Dinner Overnight New Otani

Day 2 (Monday 8 April)

9:00 Trunk Show and Class with Heidi – Travel Diary Quilt Lunch at New Otani Indigo Dyeing Workshop Asakusa Sightseeing Japanese-style Dinner at Ginza Mitsukoshi Ginza Sightseeing Overnight New Otani

Day 3 (Tuesday 9 April)

Tokyo Day Tour with a Guide Meiji Jingu Shrine Hama Rikyu Garden Tsukiji Fish Market – Lunch Pay-your-Own Nippori Textile Town Tokyo Sky Tree Buffet-style Dinner at Daimaru Overnight New Otani

Day 4 (Wednesday 10 April)

Class with Heidi Guest Presentation – Hikaru Noguchi: Visible Mending Guest Presentation – Amy Katoh: Blue & White Shop Lunch at New Otani Class with Heidi Takeout Dinner at New Otani Subway Ride to Shinjuku District Okadaya Fabric Shopping Overnight New Otani



Courtesy New Otani Hotel



Mitsukoshi Department Store





Hikaru Noguchi Mending; Blue & White Shop

Day 5 (Thursday 11 April)

Sarasa Katazome Dyeing Workshop Catered Lunch Mt. Takao Sightseeing Cable Car Ride; Optional - Monkey Park, Wild Plants Garden, Museum, Short Hikes Free Time at New Otani Dinner at New Otani Overnight New Otani

Day 6 (Friday 12 April)

Luggage Transfer to Kyoto Bullet Train to Niigata Northern Culture Museum Niigata Cuisine Lunch Kamedajima Shop Niigata Ginka Hakusan Shrine Toki Messe Observation Tower to View Japan Sea Chinese Dinner at Crowne Plaza Overnight at ANA Crowne Plaza Niigata

Day 7 (Saturday 13 April)

Imayotsukasa Sake Brewery Tour Echizenhama – Area of Akiko's farmhouse Chiku Chiku Workshop with Akiko Ike Lunch Served by Akiko Dinner at Pier Bandai Restaurants Pay-your-Own Overnight at Crowne Plaza

Day 8 (Sunday 14 April)

Fly from Niigata to Osaka Lunch at Osaka Castle New Otani Osaka Castle Kyoto-style Dinner Overnight Hotel Nikko Princess Kyoto

Day 9 (Monday 15 April)

Handmade Market Yuzen Dyeing Kyoto Museum of Crafts and Design Lunch at Kyoto Tower Restaurant Class with Heidi Seasonal Box Dinner at Princess Kyoto Overnight Princess Kyoto



Photo courtesy Westside Tokyo Travel





Akiko Ike



Osaka Castle



Yuzen Dyeing

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Day 10 (Tuesday 16 April)

Kyoto Day Tour with a Guide Kinkakuji Temple Ryoanji Temple Arashiyama, Bamboo Grove, Lunch Kiyomizu Temple Tea Ceremony at Tea Shop with Tour Guide Walk to Kimono Recycle Shop, Nomura Tailor Ramen Dinner Overnight Princess Kyoto

Day 11 (Wednesday 17 April)

Yokota Factory Vegetarian Lunch at Daitokuji Temple Little Indigo Museum Tofu Dinner Overnight Princess Kyoto

Day 12 (Thursday 18 April)

Luggage Transfer to Tokyo Shibori Dyeing Shibori Museum Tenugui Museum Kyoto Vegetable Lunch Nishijin Textile Center Free time Dinner Pay-your-Own Class with Heidi & Show and Tell Overnight Princess Kyoto

Day 13 (Friday 19 April)

Bullet Train to Tokyo Ekiben Lunch Blue and White Shop Nuno Shop Special Event TBD Farewell Dinner Overnight Odakyu Hotel Century Southern Tower

Day 14 (Saturday 20 April)

Tour Ends after Breakfast



Tea Ceremony





Nishijin Textile Center





(All breakfasts are included.)